MyMichigan Health
UNIVERSITY OF MICHIGAN HEALTH

MyMichigan Medical Center Saginaw

COMMUNITY HEALTH NEEDS ASSESSMENT 2026

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Letter to Community

June 2026

Dear Community Members and Partners,

At MyMichigan Health, our Purpose Statement is: "Creating Healthy Communities – Together."

Community health improvement is a daunting challenge. In fact, it is far too great for any single organization to achieve. However, it can be achieved together with the help of community partners like you. Whether in the public health, foundation, nonprofit organization, government, or the health care sector, or those with first-hand experience that live, work, play and age within our communities – all can make a difference.

The Community Health Needs Assessment (CHNA) process is one way to make a difference. The CHNA offers a valuable opportunity to listen and gain input on what health concerns matter most to those in our communities. As part of that process, we seek the most impactful, evidence-based ways to work together to improve the health of our communities. Collectively, we have worked hard to address key priorities identified in previous CHNAs to move the needle on health indicators. As a result, we have implemented programs and developed new processes to provide care and affect social determinants of health to those most in need. We are proud of what we have accomplished thus far, but also understand there is still much work to be done.

It is through our CHNA process, using data and stakeholder input, that we measure and obtain a detailed snapshot of our region's health needs and how best to address barriers to achieving a healthy life. We know that individuals and families can best achieve a healthy life when they are able to make positive health choices in settings where barriers to health are addressed and removed.

MyMichigan Health takes its role as an anchor institution, a community leader and trusted partner in our communities very seriously. We know that we serve as a major employer, purchaser, leader, and participant in interconnected relationships with you, for the good of our community's health.

MyMichigan Health understands its responsibility to set standards of care not only in our clinical settings, but also in the towns, community centers and classrooms where we serve. Our efforts to strengthen and integrate our clinical and community programs, together with our community partners, is how we become successful in our challenge to improve health.

It is our pleasure to provide this 2026 MyMichigan Medical Center Saginaw Community Health Needs Assessment. In accordance with policy, the Board of Directors reviewed and approved this report on April 24th, 2026. We invite you to explore this report and join us as we engage in addressing the critical health issues in our community.

Market President, MyMichigan Health

Chair, Board of Directors

Sincerely,

Manager, Community Health

Vice President, Population Health

Figure 1: Signatures

Acknowledgements

MyMichigan Medical Center Saginaw is pleased to share with you the 2026 Community Health Needs Assessment. We adopted and modified the Mobilizing for Action through Planning Partnerships (MAPP) process to meet the needs of MyMichigan Health, our partners and the community. This is a health system led and community-driven strategic planning process for improving community health. This report represents our commitment to identify and address the barriers in our communities that impact their health.

MyMichigan Medical Center Saginaw would like to give a special thank you to all of those who have been involved in the development of the CHNA. This includes Tracy Metcalf and the Saginaw County Health Department their efforts in developing, disseminating, collecting and analyzing our Saginaw County Health Survey. All of these partners took part in an extensive process that started with planning, collecting and analyzing data to identify the top strategic health issues that our communities face. Collecting qualitative and quantitative data through our process enabled us to have a deep understanding of the challenges that our community faces.

This understanding enables us to develop our Community Health Improvement Plan (CHIP) that will guide our efforts over the next three years to impact health outcomes in our community.

Thank you to our Community Health Needs Assessment Partners

United Way of Saginaw County

BWell Saginaw

Saginaw County Health Department

Great Lakes Bay Health Centers

Saginaw County Community Mental Health Authority

Michigan Department of Health and Human Services

Saginaw Community Foundation

Saginaw Intermediate School District

Saginaw Valley State University

CMU Medical Education

Healthsource Saginaw

Figure 2: Community Health Needs Assessment Partners

Executive Summary

The Community Health Team of MyMichigan Health supports the Community Health Needs assessment (CHNA) as a key component of improving population health. Our assessment and corresponding plans reflect the purpose and core values to MyMichigan Health. We truly believe that health happens where we live, learn, work and play and that all people should have the opportunity to make choices that allow them to live a long, healthy life, regardless of their income, education or ethnic background.

MyMichigan Medical Center Saginaw, with community partners, conducted this CHNA using a modified Mobilizing for Action through Planning Partnerships (MAPP) process that assessed the current health status of the community based on identified needs according to benchmark comparisons in secondary public health data and primary data collected through community surveying for community input, and the development of a Community Health Improvement Plan (CHIP). The process included several community partners that collected, reviewed and analyzed public health data, completed and distributed the community health survey, identified priorities and set goals for the 2026 CHIP.

Community Health Status

Saginaw County is located in the Mid-Eastern section of Michigan's lower peninsula and serves as a regional hub for healthcare, commerce, and social services. According to County Health Rankings, Saginaw County ranks lower overall in health outcomes and health factors compared to many counties across Michigan, reflecting persistent socioeconomic challenges and health disparities. Approximately one-third of the county's population lives in rural areas, and the population continues to age, creating additional challenges related to healthcare access, transportation, and chronic disease management. Chronic conditions remain a significant concern, including elevated adult smoking rates, youth tobacco and vaping use, and high cancer incidence and mortality rates. Behavioral health challenges continue to worsen, with increasing rates of depression and anxiety diagnoses, as well as ongoing concerns related to substance use disorder, drug overdose deaths, and suicide. These trends highlight the continued need for coordinated prevention efforts, expanded behavioral health services, and stronger community partnerships to improve health outcomes across Saginaw County.

Community Health Survey

A community health survey was conducted in Saginaw County between the months of June 2025 and November 2025, surveying members of Saginaw County in both the rural and in town demographics. The process of surveying, data collection and analysis identified key themes of ongoing issues of health behaviors that may lead to diabetes and obesity, risk factors for many chronic conditions.

Community Health Improvement Plan

Three focus areas were adopted and approved by the MyMichigan Medical Center Saginaw Board of Directors, at the recommendation of the advisory committees and community partners. These focus areas will have specific targets for community health impact based on the data collected and analyzed:

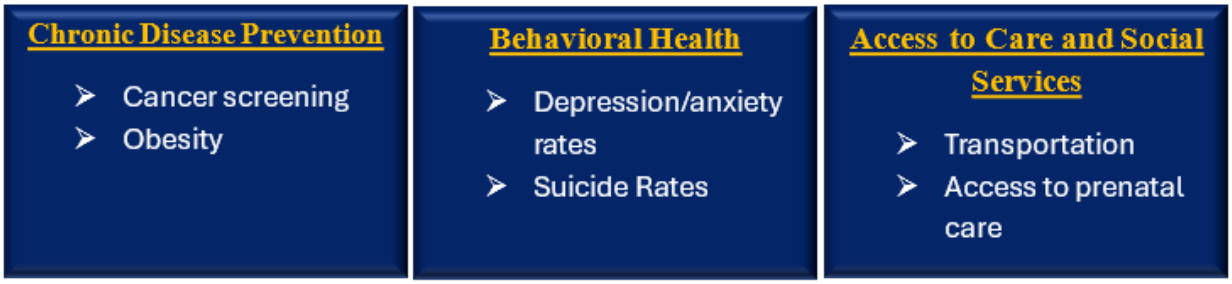


Figure 3: Focus Areas

Overview of MyMichigan Health

MyMichigan Health, a non-profit health system headquartered in Midland, Michigan, is a leader in providing award-winning, high-quality care to the 26-county region it serves. With Medical Centers in Alma, Alpena, Clare, Gladwin, Midland, Mt. Pleasant, Saginaw, Sault Ste. Marie, Standish, Tawas, and West Branch, MyMichigan also has affiliations with Medical Centers in St. Ignace and Mackinac Island. MyMichigan Health provides a full continuum of care across a wide array of settings, including urgent care centers, home health, virtual care, as well as medical offices in more than 80 specialties and subspecialties including cardiology, family medicine, hematology/oncology, neurosciences, orthopedics, pediatrics, vascular surgery, and more. MyMichigan Health demonstrates its commitment to the future of medicine by partnering with leading institutions to offer medical education programs that train medical students, physicians, nurse practitioner and physician assistant students, nursing students, and other clinical experts from our region. Its more than 13,800 employees, volunteers, health care providers and other personnel work together to create healthy communities through solutions designed to meet the ever-changing needs of the more than 1 million residents in the health system's 26-county service area. In fiscal year 2023, MyMichigan Health provided $128 million in community benefits, as well as supported its patients and families with new equipment, services and programs with funds raised by the MyMichigan Health Foundation.

Figure 4: Five Foundational Elements

Figure 5: Our Communities

Feedback is welcomed via CommunityHealth@mymichigan.org

Overview of Community

MyMichigan Medical Center Saginaw is located in Saginaw County within Michigan's Great Lakes Bay Region. With a population of approximately 190,000 residents, Saginaw County includes a mix of urban, suburban, and rural communities, with roughly one-third of residents living in rural areas. The county offers a broad range of community assets and services, including public safety services, parks and recreation opportunities, public transportation through STARS (Saginaw Transit Authority Regional Services), and access to major transportation corridors that connect residents throughout the region.

Saginaw serves as a regional hub for healthcare, education, manufacturing, and commerce. MyMichigan Health Saginaw is a key healthcare provider in the region, alongside other major employers such as Nexteer Automotive, Hemlock Semiconductor, and local educational institutions including Saginaw Valley State University, Delta College, and nearby campuses of Central Michigan University.

Rich in history and cultural assets, Saginaw offers a diverse community with strong healthcare, educational, nonprofit, and business partnerships that play a critical role in addressing regional health needs. At the same time, the county continues to face socioeconomic challenges that contribute to health disparities, reinforcing the importance of collaborative community health improvement efforts.

Figure 6: Image of Saginaw Silos

MyMichigan Medical Center Saginaw is a 268-bed full-service hospital with 24/7 emergency care, a level II trauma center and Comprehensive Stroke Center. We deliver advanced surgical care for serious and life-threatening injuries and illnesses. Our care teams listen to quickly understand your health needs and deliver care that's right for you. MyMichigan Medical Center Saginaw is a destination for specialty care - including structural heart care, comprehensive stroke and spine care, cancer, orthopedics and women's health. We provide a wide range of minimally invasive surgical procedures using robotic-assisted

technology, imaging and lab tests, respiratory therapy and dedicated rehabilitation centers, all on one campus. To learn more about MyMichigan Medical Center Saginaw, visit mymichigan.org/Saginaw.

Community Served at MyMichigan Medical Center Saginaw

The service area in Saginaw County is comprised of zip codes: 48601 (Saginaw), 48602 (Saginaw), 48603 (Saginaw), 48604 (Saginaw), 48607 (Saginaw), 48609 (Saginaw), 48616 (Chesaning), 48623 (Freeland), 48626 (Hemlock), 48637 (Merrill), 48638 (Saginaw), 48649 (Oakley), 48655 (Saint Charles), and 48757 (Reese). Services for MyMichigan Medical Center Saginaw also extend to neighboring communities including: 48722 (Bridgeport), 48734 (Frankenmuth), 48759 (Sebewaing).

Framework/Methodology

The Community Health Needs Assessment (CHNA), while a requirement every three years under the Patient Protection and Affordable Care act for our tax-exempt status, is an important reflection of MyMichigan Health's mission, vision, core values and the system's goal to become a leader in our regions to improve the health of our communities. Community is a foundational element in MyMichigan Health's strategic plan, and we believe that all people should have the opportunity to make healthy choices for a long, prosperous life, despite an individual's socioeconomic status, education or background. The CHNA, as a key component for identifying top health concerns in a given area, will be vital in accomplishing the four objectives of the "Quadruple Aim": Improve health outcomes in the community, enhance patient experience, enhance provider experience and reduce the cost of care. The primary purpose for the Community Health Needs Assessment for MyMichigan Medical Center Saginaw is to gain an understanding of the health needs caused by disparities in social determinants of health (SDOH) as well as strengths in the given service area. We do so by analyzing a large and specific collection of data and community input in Saginaw County. With this understanding of the needs in our communities, we are equipped to develop a three-year strategic plan to improve the health outcomes in our communities and build health improvement capacity for the future health of its residents.

2026 CHNA Process

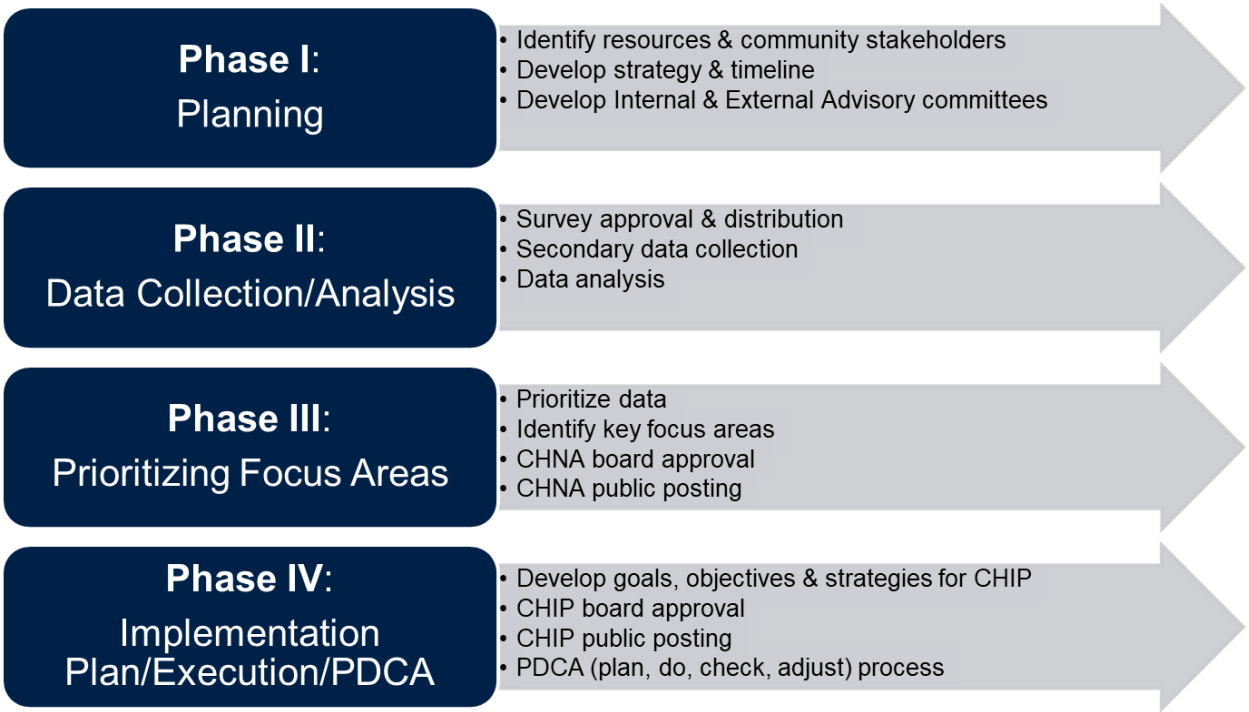


Figure 7: 2026 CHNA Process

Phase I: Planning for the CHNA strategy

Identifying resources and community stakeholders within the Medical Center's service area is a critical component to the CHNA. The community Health team participates in community collaborative groups that are comprised of local organizations and community leaders who focus on the health of the residents. These groups include local non-profit organizations, public health agencies and health coalitions that collaborate to achieve mutual health related goals. Phase I of the CHNA process includes the development of a strategy and timeline to be approved by the MyMichigan Health Leadership Team, who is utilized as an internal advisory committee, and the president of MyMichigan Medical Center Saginaw.

Phase II: Data collection and analysis

Forms of primary and secondary data from the Saginaw service area are utilized to perform analysis. **Primary data** will include the input of those representing the local communities. This local input is provided through a survey comprised of questions that are intended to provide an overview of the perceived health needs of community members. **Secondary data** includes over 200 public health indicators that are collected to determine the demographics and health status of the community serviced by MyMichigan Medical Center Saginaw. This data will be compared to established benchmarks in the State of Michigan and Leading Health Indicators (LHI) selected by Healthy People 2030. LHIs are a small subset of high-priority Healthy People 2030 objectives selected to drive action toward improving health and well-being. LHIs impact major causes of death and disease in the United States and can drive collaboration between organizations and the community. Any health indicator that fails to meet the benchmarks will be identified as a need in the community**.** This data will then be categorized to determine areas of focus were health issues exist.

Phase III: Prioritizing Focus Areas

This phase involves using specific analytic practices to determine focus areas and decide our top priorities in order to develop an implementation plan. Each indicator from primary and secondary data will be scaled and categorized into a subset piece of data to determine where our needs are in our community and how we can address them. The community health specialist will work with internal and external sources to determine focus areas and provide a communication document that can be reviewed. This data and focus area prioritization will be presented to the Population Health Collaborative Team for input and approval. It will then be collected and presented to the Board of Directors for approval and placed on the MyMichigan Health website for public view and comment.

Figure 8: PDCA Cycle

PHASE IV: Develop Implementation plan/Execution/PDCA

Once the data and focus areas are approved, the next step will be to develop a comprehensive, three-year implementation plan that outlines specific goals, objectives and strategies to improve the health outcomes

of the community. Review of the focus areas and data analysis will determine what our goals will be, and objectives will be created with those goals in mind and strategies to complete.

Community Survey Process

The 2025-2026 Saginaw Health Survey was conducted to understand the health and health needs of people living in Saginaw County. The 2023 Saginaw Health Survey served as the basis for the 2025-2026 survey. The Saginaw County Health Department team worked with the BWell Saginaw Advisory Council to adapt the survey to ensure it met the needs of BWell and Saginaw County agencies and collected data on any health issues/factors emerging since the previous data collection.

The BWell Saginaw Advisory Council aimed to collect data from a sample across Saginaw County, including a representative sample from the city and out county areas. Efforts were also made to obtain a sample that was representative of the Saginaw County population (age, gender, race, education, income).

Data collection occurred via online and paper surveys. Qualtrics was used to administer the online survey, and the link was advertised in the local newspaper, and on HHSC agency websites and social media accounts. The face-to-face survey was administered at various locations throughout Saginaw County. Site-specific locations for data collection were determined in collaboration with the HHSC of Saginaw County to maximize access for researchers to reach the target population. An incentive was offered to all those completing the survey (a $10 gift card to Meijer). The sample generated a total of 992 surveys to be used for analyses (715 online surveys and 277 paper surveys). Table 1 shows a limited demographic profile of the survey respondents.

Gender		
	Male	21%
	Female	76%
	Transgender or Non-Binary	1%
	Identity not Listed	1%
	Prefer not to Share	1.5%
Sexuality		
	Heterosexual/Straight	82%
	Homosexual/Gay/Lesbian	2%
	Bisexual	2%
	Asexual	3%
	No Answer	3%
	Prefer not to Share	6%
	Pansexual	1%
	Not listed	1%
Age		
	18-19	1%
	20-29	12%
	30-39	20%
	40-49	18%
	50-59	24%
	60-69	14%

	70-99	11%
Race		
	White or Caucasian	48%
	Black or African American	32%
	Asian or Asian American	1%
	American Indian or Alaska Native	3%
	Other	5%
	Native Hawaiian or Other Pacific Islander	0.4%
Origin		
	Hispanic or Latino Origin	9%
	Non-Hispanic or Latino Origin	91%

Table 1: Saginaw Health Survey Demographics

Demographics

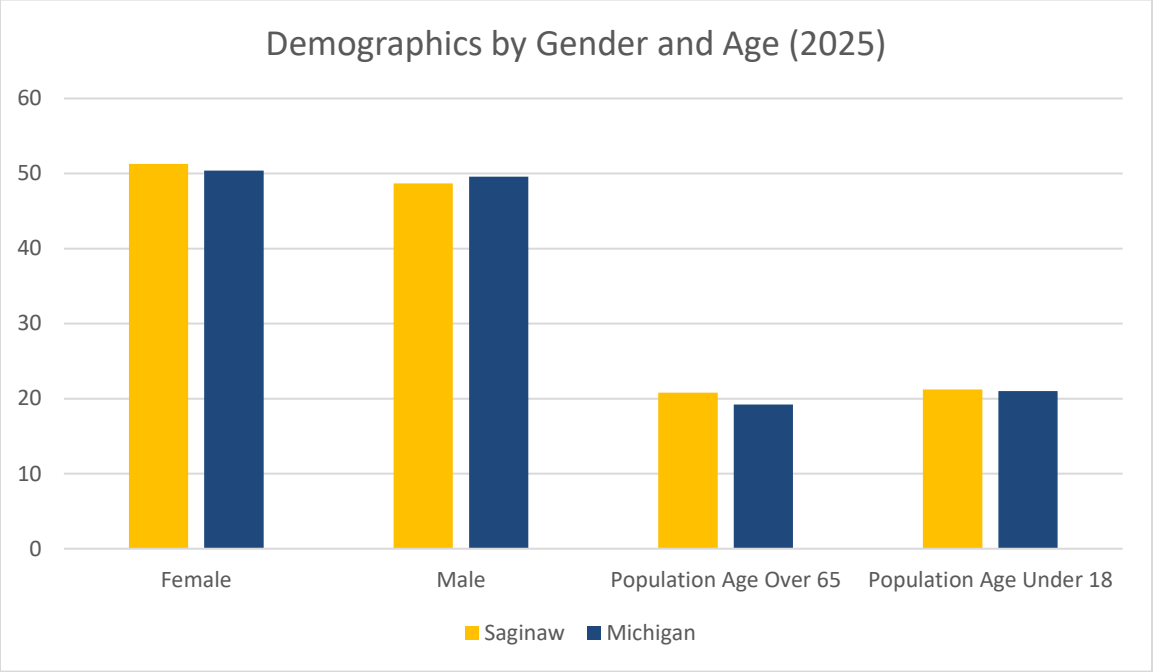


Table 2: Population by gender & age (2025)

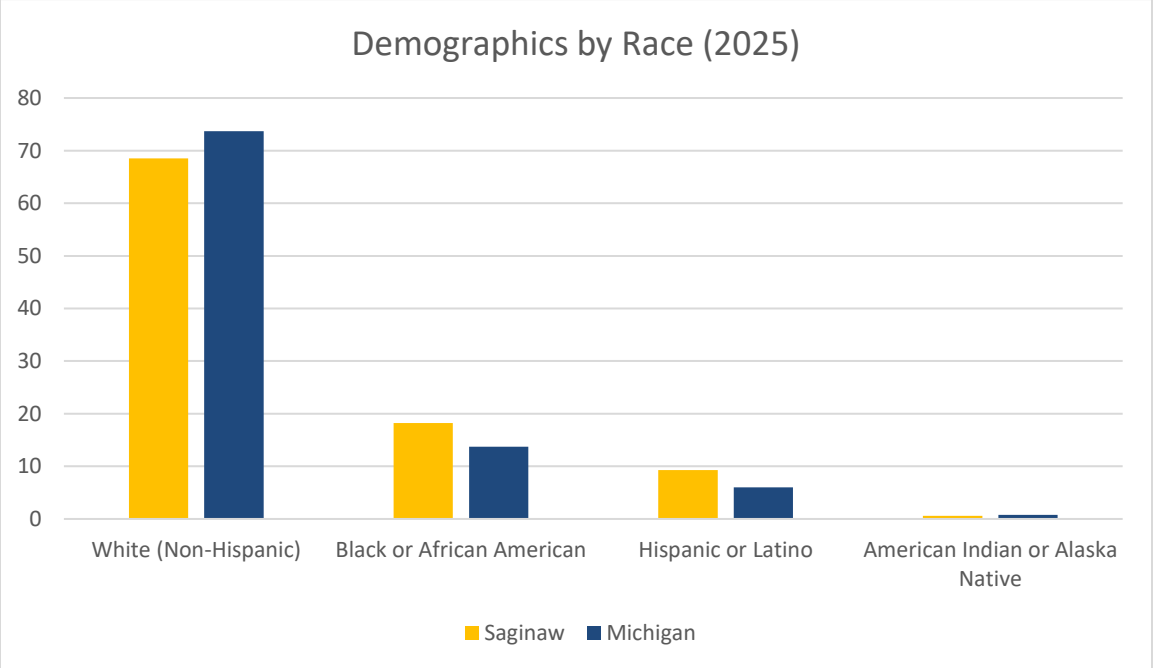


Table 3: Demographics by Race (2023)

Social Determinant of Health

The Social Determinants of Health (SDOH) are classified as conditions in the environment in which people are born, work, live, or play that affect their health and quality of life outcomes. Areas often included in SDOH frameworks include healthcare access and quality, education access and quality, social and community context, neighborhood and built environment, and economic stability.

Figure 9: Social Determinants of Health

Economic Stability

Key issues within the economic stability function of SDOH include poverty, employment, food security, housing stability, and ALICE populations. ALICE is an acronym for Asset Limited, Income Constrained, yet Employed, and describes households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county (i.e., those working, yet still struggling to have their basic needs met).

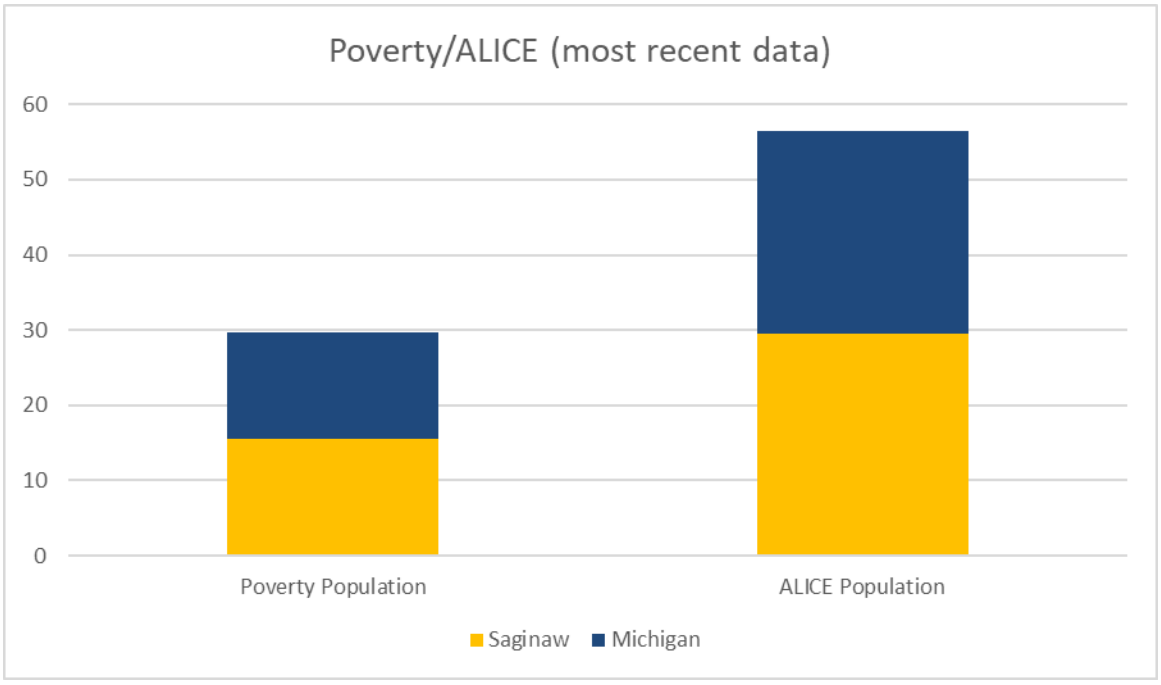


Table 4: Poverty and Alice Populations (2023)

Median Household Income		
	Saginaw	Michigan
Median Household Income	$61,455	$72,389

Table 5: Median Household Income (2024 – per U.S. Census Bureau)

Unemployment Rate		
	Saginaw	Michigan
Unemployment Rate	5.60%	5.00%

Table 6: Unemployment Rate (2024 – per Bureau of Labor Statistics)

Food Insecurity		
	Saginaw	Michigan
Child Food Insecurity	23.90%	16.80%
Food Insecurity	17.60%	12.90%

Table 7: Food Insecurity (2024 – per County Health Rankings); Child Food Security (2022 – per Food Bank Council)

Education

Education status is a key function within the SDOH framework. Key issues such as graduation rates, enrollment in higher education, language and literacy, and early childhood education all play a vital role in the health and wellbeing of a community.

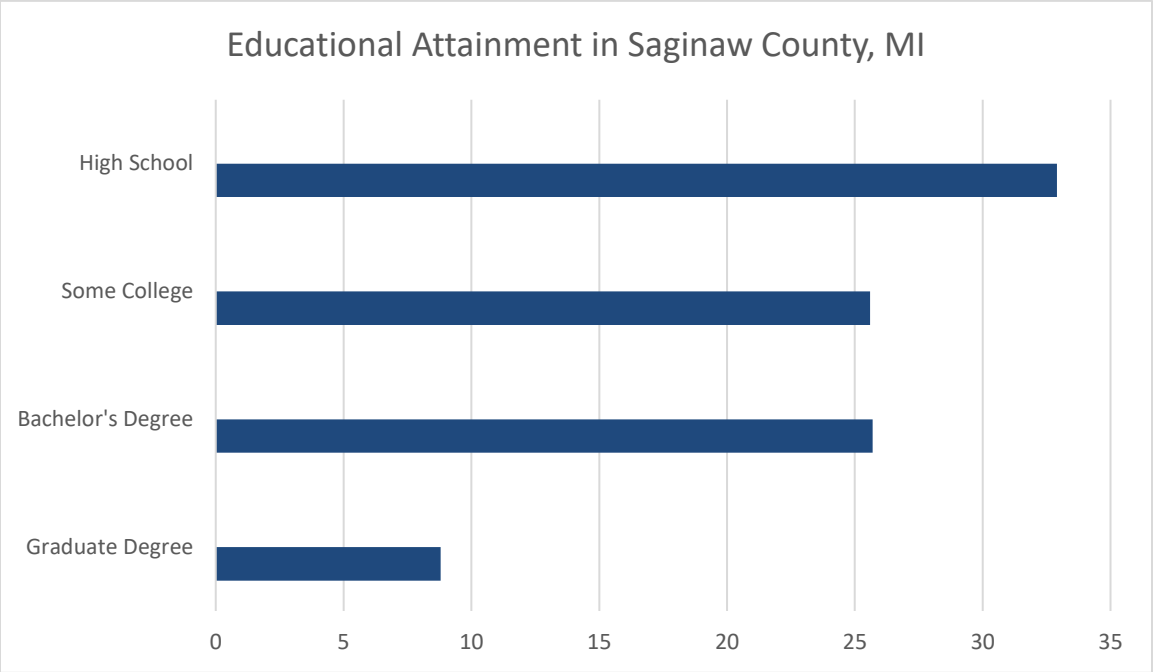


Table 8: Education (2024)

Neighborhood & Built Environment

There are important connections between where an individual lives and their health and wellbeing. Factors such as neighborhood safety, transportation access, housing quality and standards, and air and water quality all play an important role in determining one's health status.

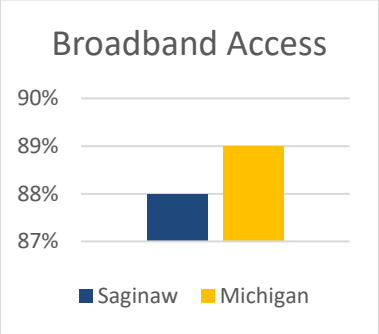


Table 9: Broadband Access (2015-2019)

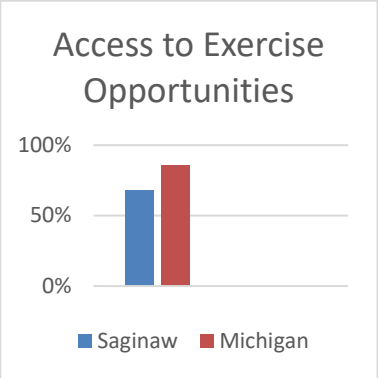


Table 10: Access to Exercise Opportunities

Health Behaviors

Individual behavior plays a vital role in health outcomes. Health Behaviors are often defined as the actions that affect our health. These actions could include behaviors that lead to improvements in health, such as physical activity, healthy eating, and participating in preventive health care. Equally, actions that lead to detriments in our health are also considered health behaviors. These actions include behaviors that increase our risk of disease development, including increased alcohol intake, substance misuse, tobacco or vaping use, and delaying prenatal care.

2025 Saginaw Health Survey		
In the past year, did drinking alcohol or using drugs stop you from doing things you usually do, like going to work, school, or doing a hobby?	No	90.3%
In the past year, did drinking alcohol or using drugs stop you from doing things you usually do, like going to work, school, or doing a hobby?	Yes	5%
In the past year, did drinking alcohol or using drugs stop you from doing things you usually do, like going to work, school, or doing a hobby?	Sometimes	2.7%
In the past year, did drinking alcohol or using drugs stop you from doing things you usually do, like going to work, school, or doing a hobby?	Not Sure	1%

Table 11: Self-Reported Saginaw County Impact of Alcohol/Drug Use (2025 Saginaw Health Survey)

Was there a time in the past year when you needed mental health and/or substance use treatment but didn't get it?	No	80.2%
Was there a time in the past year when you needed mental health and/or substance use treatment but didn't get it?	Yes, Mental Health	15.1%
Was there a time in the past year when you needed mental health and/or substance use treatment but didn't get it?	Yes	2.4%
Was there a time in the past year when you needed mental health and/or substance use treatment but didn't get it?	Yes, Substance Use	0.4%

Table 12: Self-Reported Saginaw County Seeking Treatment for Mental/Substance Use (2025 Saginaw Health Survey)

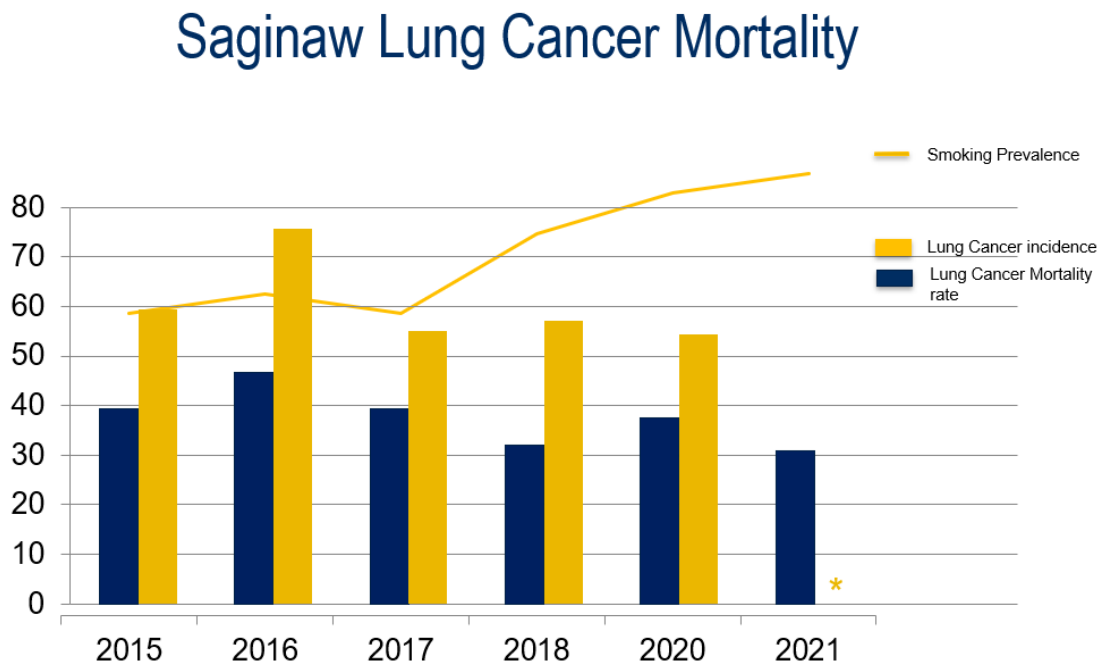


Table 13: Saginaw County Adult Smoking Prevalence with Lung Cancer Mortality (2015-2021)

Chronic Conditions

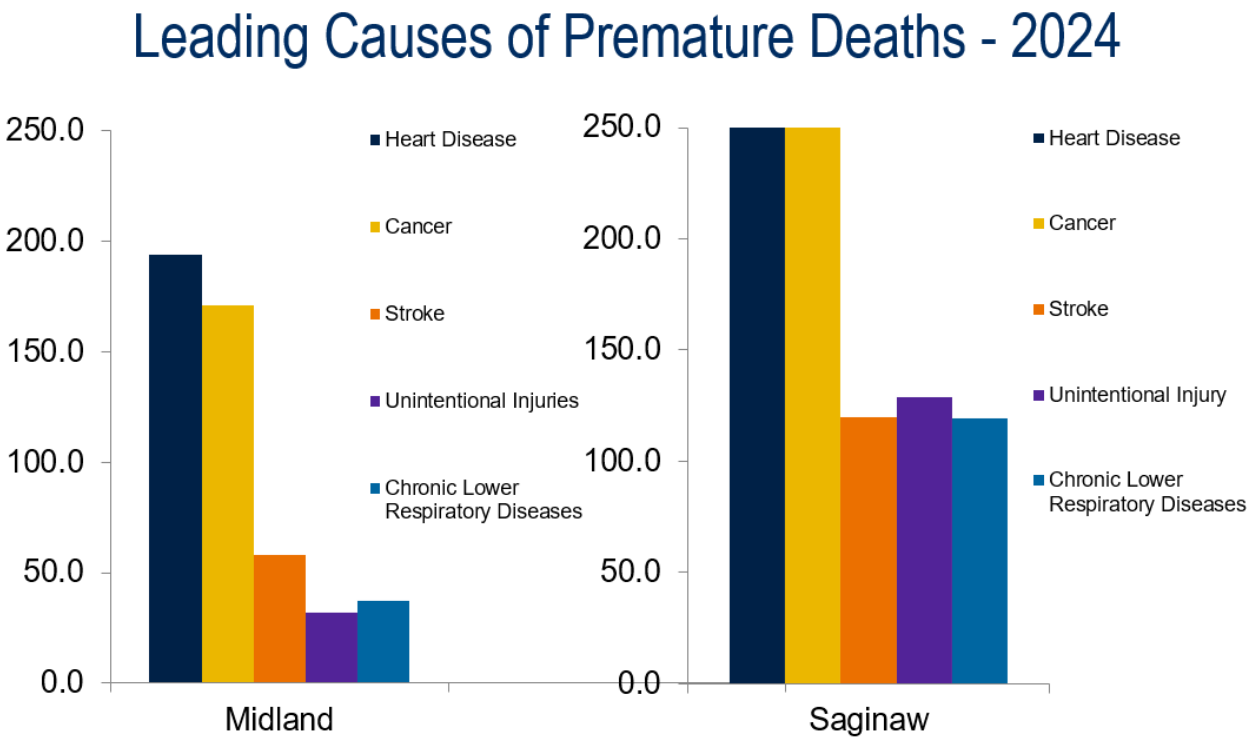
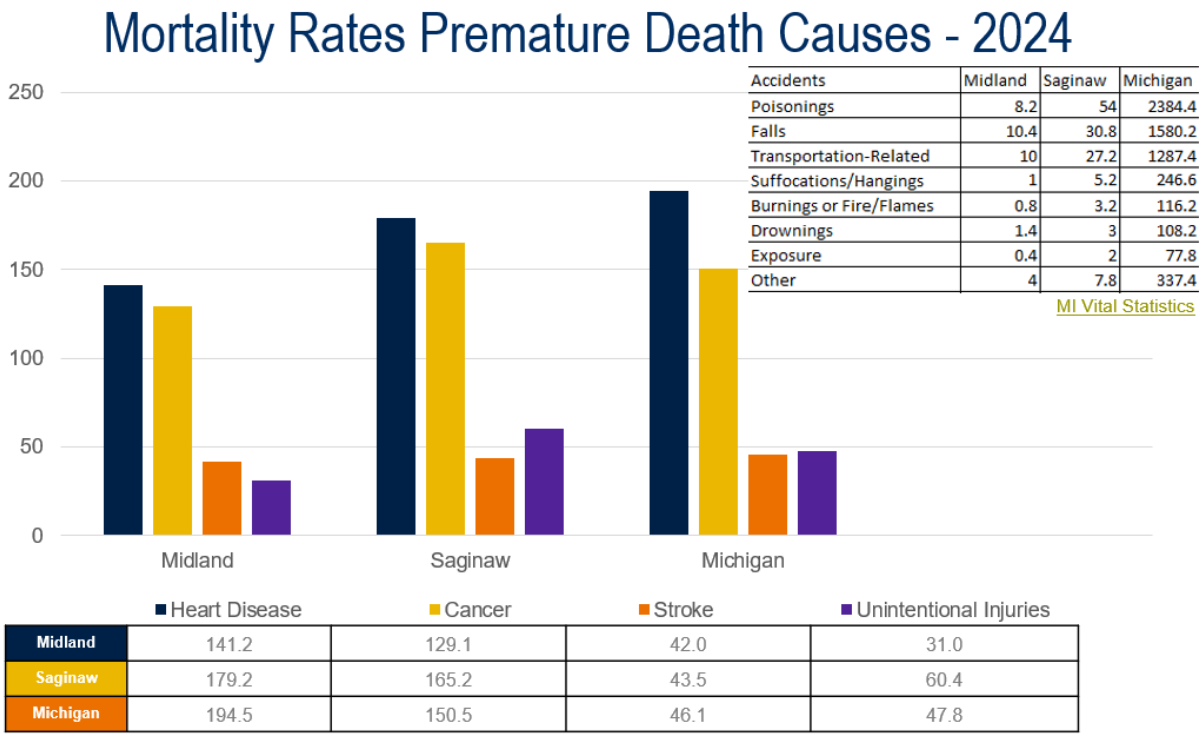


Table 14: Midland and Saginaw County Leading Causes of Premature Deaths, rater per 100k (2024)

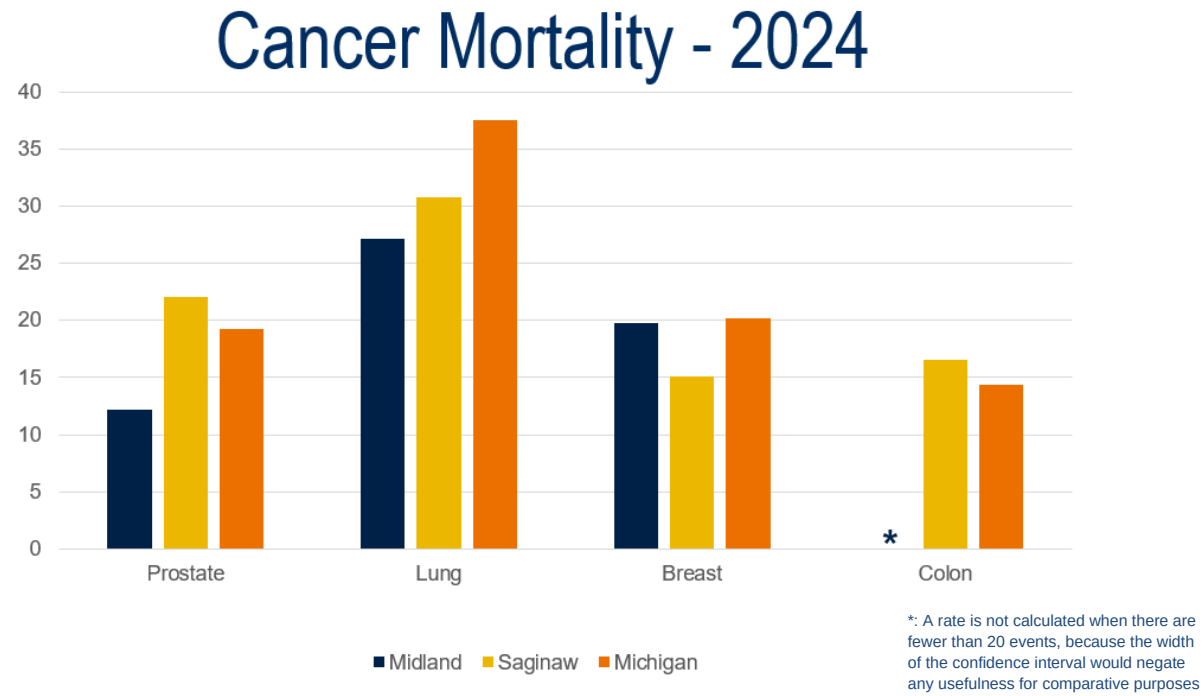


Accidents	Midland	Saginaw	Michigan
Poisonings	8.2	54	2384.4
Falls	10.4	30.8	1580.2
Transportation-Related	10	27.2	1287.4
Suffocations/Hangings	1	5.2	246.6
Burnings or Fire/Flames	0.8	3.2	116.2
Drownings	1.4	3	108.2
Exposure	0.4	2	77.8
Other	4	7.8	337.4

MI Vital Statistics

	Heart Disease	Cancer	Stroke	Unintentional Injuries
Midland	141.2	129.1	42.0	31.0
Saginaw	179.2	165.2	43.5	60.4
Michigan	194.5	150.5	46.1	47.8

Table 15: Midland and Saginaw County Premature Deaths (2024)



*: A rate is not calculated when there are fewer than 20 events, because the width of the confidence interval would negate any usefulness for comparative purposes

Table 16: Cancer Mortality Rates (2024)

Behavioral Health

Behavioral Health is an all-encompassing term that often includes mental health, wellbeing, and substance use disorders, treatment and recovery. These elements of the behavioral health field have long been associated with an individual's overall health status and have an incredible impact on an individual's everyday life. As the fields of both Mental Health and Substance Use Disorders and Treatment have developed and continue to grow within the medical profession, continued growth in awareness and support for these issues is imperative.

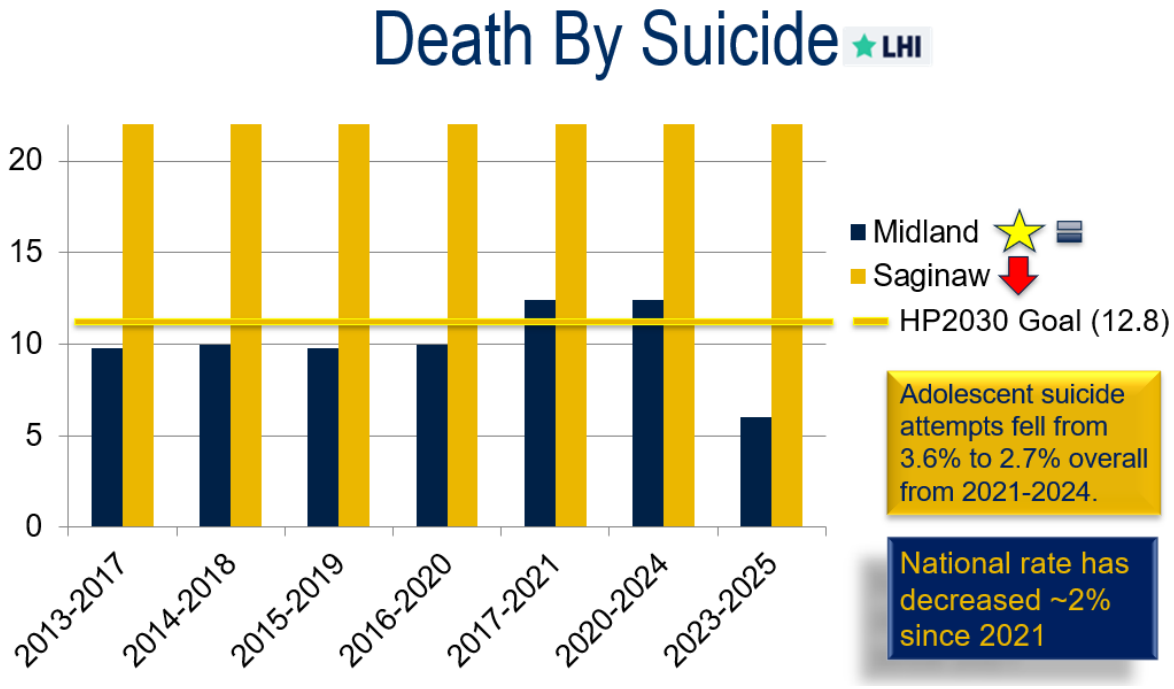


Table 17: Death by Suicide Midland and Saginaw County (2013-2025)

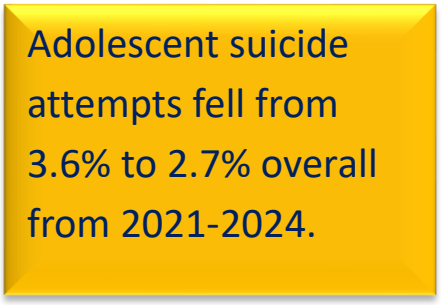


Figure 10: Adolescent suicide attempts, Saginaw County

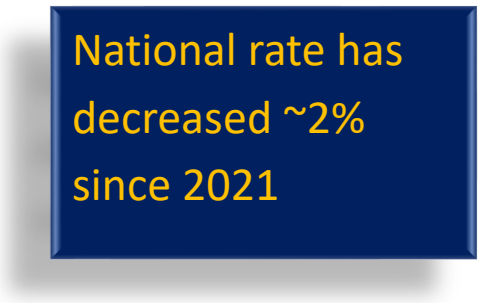


Figure 11: National adolescent suicides

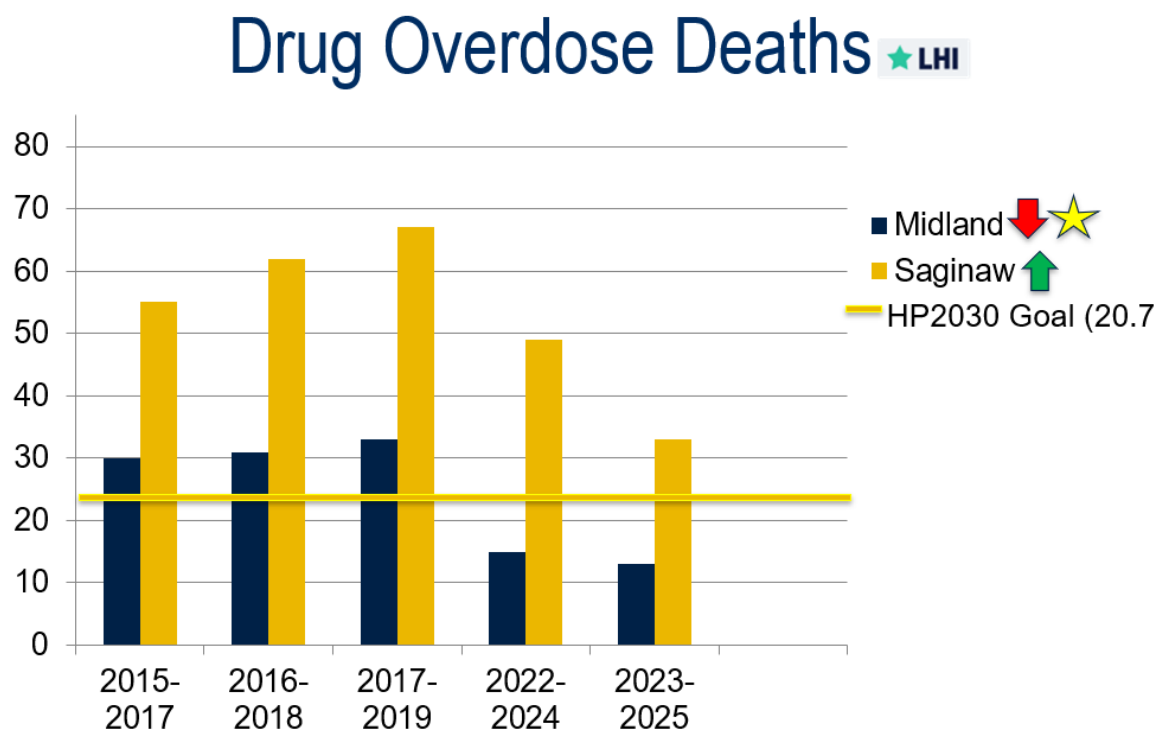


Table 18: Drug Overdose Deaths Midland and Saginaw County per 100,000 people (2015-2025)

Prioritization Process

Once both the primary and secondary data was collected, community health needs were determined and prioritized by reviewing qualitative and quantitative data. For Stage I, the Community Health team reviewed the collected health indicator data and identified data that demonstrated poor performance against established benchmarks (i.e., Michigan state averages or HealthyPeople 2030 goals). Once these health needs were identified, the External Advisory Committee assisted in theming and prioritizing the data points using the Hanlon Method.

Further prioritization continues in order to develop the final focus areas. Advisory committees work together to narrow down priorities based on modifiable risk factors shared across multiple health needs. In Saginaw County, high rates of obesity, an increasing diabetes mortality rate, elevated heart disease and cancer incidence, and declining cancer screening rates led to the selection of Chronic Disease Prevention as a key focus area. In particular, elevated lung cancer mortality and smoking rates further supported this decision, highlighting the need for coordinated prevention strategies. Similarly, rising rates of depression, anxiety, suicide, and substance use disorder—especially among youth—underscored the need for targeted strategies under the umbrella of Behavioral Health. These behavioral health concerns share modifiable risk factors related to mental health, youth development, and access to services. Final areas of focus were determined to be Chronic Disease Prevention and Behavioral Health.

Improvement Plan

MyMichigan Medical Center Saginaw built upon the Improvement Plan developed in 2023 to develop a comprehensive plan to address health concerns., all while upholding MyMichigan Health's purpose statement, "Creating Healthy Communities – Together". The underlying premise for each MyMichigan Health member in completing the Community Health Improvement Plan is shared ownership for community health and wellbeing. While the previous Community Health Needs Assessment (2023) conducted by Saginaw County Partners prior to MyMichigan helped us to identify focus areas for health improvement, the IRS legislation mandating collaborative efforts provided an opportunity to revisit our needs assessment, strategic planning process, and partnerships.

The plan that follows includes goals and evidence-based strategies for the focus areas determined by MyMichigan Health's Community Health team, solicited input from the Saginaw External and Internal Advisory Committees, and approved by MyMichigan Medical Center Saginaw's Board of Directors on April 24, 2026.

Appendix A: Partners

Community Health Needs Assessment Partners

United Way of Saginaw County

BWell Saginaw

Saginaw County Health Department

Great Lakes Bay Health Centers

Saginaw County Community Mental Health Authority

United Way of Saginaw County

BWell Saginaw

Saginaw County Health Department

Great Lakes Bay Health Centers

Saginaw County Community Mental Health Authority

Appendix B: Data Table

		Indicator	Bay	Midland	Saginaw	Michigan	Healthy People 2030	Source	Date
Economic Stability	Economic Stability - General	Adults 65+ Living Below Poverty Level	9.90%	10.80%	15.90%	13.50%	*	American Community Survey	2023
		% ALICE	27%	23%	29%	27%	*	United Way	2023
		% Poverty	15%	14%	16%	14%	8%	United Way	2023
		ALICE Total Households	11,848	8,173	22,728	1,673,555	*	United Way	2023
		Children Living Below Poverty Level	15.60%	9.20%	25.00%	18.00%	*	U.S Census Bureau	2025
		Families Living Below Poverty Level	8.20%	6.80%	13.50%	9.20%	*	U.S Census Bureau	2025
		Households with Cash Public Assistance	2.70%	2.40%	3.70%	2.20%	*	U.S Census Bureau	2019
			6,904.00	3,820.00	14,903.00	569,791.00	*	U.S Census Bureau	2024
		Median Household Income	$64,694	78,046	$61,455	$72,389	*	U.S Census Bureau	2024
		Mean Per Capita Income	$37,681	$47,347	$34,462	$40,990	*	U.S Census Bureau	2024
		Persons in Poverty	11.10%	9.00%	16.90%	13.4%	8%	U.S Census Bureau	2025
		Unemployment Rate	5.20%	4.40%	5.60%	5.00%	25%	Bureau of Labor Statistics	2025
	Housing and Homes	Renters Spending 30% or More of Household Income on Rent	46.00%	47.80%	46.00%	51.00%	0.255	U.S Census Bureau	2025
		Severe Housing Problems	12%	11%	13%	13%	*	U.S. Department of Housing and Urban Development	2025
	Nutrition and Healthy Eating	Adults 60+ with Low Access to a Grocery Store	6.50%	5.50%	8.00%	6.5	*	American Community Survey	2025
		Child Food Insecurity Rate	18.20%	13.50%	23.90%	16.80%	0%	Food Bank Council	2022
		Children with Low Access to a Grocery Store	5.80%	3.20%	9.60%	4.70%	*	US Department of Agriculture; Food Atlas	2019
		Farmers Market Density (per 1,000 population)	0.08	0.12	0.06	0.09	*	US Department of Agriculture; Food Atlas	2018
		Fast Food Restaurant Density (per 1,000 population)	0.86	0.73	0.93	0.8	*	County Health Rankings	2022
		Food Environment Index (0 worst to 10 best)	7.6	8	7	8	*	County Health Rankings	2024
		Food Insecurity	14%	11%	18%	13%	6%	County Health Rankings	2024
		Food Stamp/SNAP Benefits in the Past 12 Months	19,257	17,243	39,315	2,098,753	*	American Community Survey	2025
		Grocery Store Density (per 100,000 population)	2.4	2.3	2.3	2.4	*	US Department of Agriculture; Food Atlas	2025
		Limited Access to Healthy Foods	5%	5%	11%	6%	*	County Health Rankings	2025
		Low Income and Low Access to a Grocery Store	5,663	3,951	22,772		*	US Department of Agriculture; Food Atlas	2019
		SNAP Participants	15.00%	10.60%	16.00%	14.00%	*	Michigan Health Improvement Alliance	2025
			19,257	17,243	39,315	2,098,753		U.S Census Bureau	2025
		Students Eligible for Free Lunch Program	57%	40%	62%	53%	*	County Health Rankings	2025
	Workplace	Driving Alone to Work	83.00%	79.00%	80.00%	76.00%	*	County Health Rankings	2025
		Mean Travel Time to Work (Minutes)	23.4	21.6	22.9	24.3	*	American Community Survey	2025
		People that Use Public Transportation to Get to Work	*	1.10%	0.50%	1.00%	0.053	U.S Census Bureau	2025
		People that Walk to Work	*	0.70%	2.30%	1.90%	0.268	U.S Census Bureau	2025
Education Access and Quality	Adolescents	9th to 12th Grade, No Diploma	25%	24%	22.0%	22%	*	U.S Census Bureau	2025
		Disconnected Youth	5%	7%	7%	7%	0.101	County Health Rankings	2025
		High School Dropouts	9.47%	8.13%	8.49%	8.13%	*	Center for Educational Performance Information	2023
		High School Graduate	37.50%	28.10%	32.90%	36.30%	0.907	American Community Survey	2025
		High School Graduation Rate	79%	87%	79%	82%	*	County Health Rankings	2025
		Less than 9th Grade	0.90%	0.90%	2.40%	2.60%	*	U.S Census Bureau	2025
		Students in Special Education	2,036	2,593	4,707	223,027	*	Kids Count	2024
	Adults	Associate's Degree	13.30%	9.80%	10.70%	9.90%	*	U.S Census Bureau	2025
		Graduate or Professional Degree	7.50%	17.50%	8.80%	13.10%	*	U.S Census Bureau	2025
		People 25+ with Bachelor's Degree or Higher	23.90%	39.10%	25.70%	33%	*	American Community Survey	2025
		Some College, No Degree	24.30%	20.40%	25.60%	21.50%	*	U.S Census Bureau	2025
	Children	3 and 4 Year Olds Not in Preschool	50.60%	49.30%	52.00%	55.80%	*	Kids Count	2019-2023
		Students Not Proficient in Grade 3 English (M-Step)	65.60%	51.00%	66.30%	60.70%	0.415	Kids Count	2025
Determinants	Demographics	Female Population	50.6%	50.2%	51.3%	50.4%	*	County Health Rankings	2025
		Male Population	49.4%	49.8%	48.7%	49.6%	*	County Health Rankings	2025
		Overall Population	102,500	84,039	187,782	10,037,261	*	County Health Rankings	2025
		Population Age Over 65	22.4%	20.8%	20.8%	19.2%	*	County Health Rankings	2025
		Population Age Under 18	19.3%	20.8%	21.2%	21.0%	*	County Health Rankings	2025
		Population American Indian or Alaskan Native	0.7%	0.6%	0.6%	0.8%	*	County Health Rankings	2025
		Population Black or African American	1.8%	1.4%	18.2%	13.7%	*	County Health Rankings	2025
		Population Hispanic or Latino	6.0%	3.6%	9.3%	6.0%	*	County Health Rankings	2025
		Population White (Non Hispanic)	88.9%	90.5%	68.5%	73.7%	*	County Health Rankings	2025

Health Care Access and Quality	Health Care Access and Quality - General	Adults 65+ Living Alone	15.20%	13.90%	14.10%	13.60%	*	U.S Census Bureau	2025
		Health Factors	55	10	71	*	*	County Health Rankings	2021
		Health Outcomes	36	8	77	*	*	County Health Rankings	2021
		No Health Care Access During Past 12 Months: Could Not Get Appointment	*	21.20%		*	0.033	Behavioral Risk Factor Survey	
		No Health Care Access During Past 12 Months Due to Cost	*	14.10%		8.00%	0.349	Behavioral Risk Factor Survey	2020
		People with Dental Insurance					0.598		
		People with Health Insurance					0.921		
		People with Prescription Drug Insurance					0.706		
		Poor or Fair Health	14%	14%	21%	16%	*	County Health Rankings	2025
		Uninsured Adults	7%	6%	7%	7%	0.079	County Health Rankings	2025
		Uninsured Children	3%	3%	2%	3%	*	County Health Rankings	2025
		Uninsured Seniors	0.40%	0.40%	0.60%	0.40%	*	U.S Census Bureau	2025
	Cancer	All Cancer Incident Rate (per 100,000 population)	480	424.8	458.3	448.8	*	National Cancer Institute	2015-2019
		All Cancer Medicare Population Incident Rate (per 100,000 population)					*	Centers for Medicare and Medicaid Services	
		All Cancer Mortality Rate (per 100,000 population)	178.5	173	164.3	157.4	122.7	National Cancer Institute	2019-2023
		Blood Stool Home Kit				11.00%	*	Behavioral Risk Factor Survey	
		Breast Cancer Incident Rate (per 100 population)	118.3	130	121.9	123.1	*	National Cancer Institute	2014-2018
		Breast Cancer Mortality Rate (per 100,000 population)	16.5	20.1	16	20.4	15.3	National Cancer Institute	2015-2019
		Breast Cancer Screening				73.3%	0.771	National Cancer Institute	2018
		Colorectal Cancer Incident Rate (per 100 population)	38.2	33.4	32	33.4	*	National Cancer Institute	2014-2018
		Colorectal Cancer Mortality Rate (per 100,000 population)	13.6	9	12.2	11.5	8.9	National Cancer Institute	2015-2019
		Colorectal Cancer Screening				76.30%	0.744	National Cancer Institute	2015-2019
		Lung Cancer Incident Rate (per 100,000 population)	61.9	53	54.9	57.1	*	National Cancer Institute	2014-2018
		Lung Cancer Mortality Rate (per 100,000 population)	39.6	33.5	34.1	36.4	25.1	National Cancer Institute	2015-2019
		Lung Cancer Screening					0.075		
		Mammogram Screening				80.00%	0.771	Behavioral Risk Factor Surveillance System	2020
		Mammogram Screening (Medicare population)	49%	51%	50%	47%	*	County Health Rankings	2025
		Oral Cancer Detected at Earliest Stages					0.342		
		Oral Cancer Incident Rate (per 100,000 population)	9.4	6.3	8.4	7.6	*	National Cancer Institute	2014-2018
		Pap Test in Past 3 Years (Age 18+)				73.60%	0.843	National Cancer Institute	2015-2019
		Prostate Cancer Incident Rate (per 100,000 population)	91.4	99.1	116.2	107.3	*	National Cancer Institute	2015-2019
		Prostate Cancer Mortality Rate (per 100,000 population)	16	10.4	16.4	18.4	16.9	National Cancer Institute	2015-2019
		Colonoscopy Screening				70.30%	0.744	Behavioral Risk Factor Surveillance System	2018
	Cardiovascular	Atrial Fibrillation	9.8%	9.3%			*	Centers for Medicare and Medicaid Services	2018
		Heart Disease (3 Year average)	*	*		*	3.5 mean score	Centers for Medicare and Medicaid Services	2018
		Heart Disease Hospitalizations (per 100,000 population)	*	*	32590.0%	10.5%	319.7	Centers for Medicare and Medicaid Services	2018
		Heart Failure (Medicare population)	19.5%	15.5%		16.0%	*	Centers for Medicare and Medicaid Services	2018
		High Cholesterol	53.5%	41.0%		46.0%	186.4 mg/dL	Centers for Medicare and Medicaid Services	2018
		Ischemic Heart Disease (Medicare population)	40.3%	28.9%		29.0%	*	Centers for Medicare and Medicaid Services	2018
		Hypertension	60.5%	53.6%		58.0%		Centers for Medicare and Medicaid Services	2018
		Stroke	3.7%	2.7%		3.8%	*	Centers for Medicare and Medicaid Services	2018
		Children in Investigated Families (Ages 0-17)	127.5	97.6	132.1	95.6	*	Kids Count	2024
		Children in Out-of-Home Care (Ages 0-17)	4.8	3.5	4	4	*	Kids Count	2024
		Confirmed Victims of Abuse or Neglect (Ages 0-17) (per 1,000)	13	10.9	20.1	11.4	8.7	Kids Count	2024
	Chronic Conditions	Adult Diabetes (medicare population)	27.4	25.4		28.2	5.6	Centers for Medicare and Medicaid Services	2018
		Adults who are Obese	37%	31%	43%	35%	36%	County Health Rankings	2025
		Alzheimer's/Dementia	11.6	10.3		11.7	*	Centers for Medicare and Medicaid Services	
		Arthritis	41.4	32.6		36.2	*	Centers for Medicare and Medicaid Services	
		Diabetic Screening (Medicare population)	83%	87%	81%	86%	*	County Health Rankings	2014
		Diagnosed Diabetes Prevalence	9%	8%	11%	10%	5.6	County Health Rankings	2025
		Hepatitis (Chronic Viral B&C) (per 100,000)	0.5	0.5		0.8	0.1	Centers for Medicare and Medicaid Services	
		Kidney Disease	23.5	23.2		25.9	0.128	Centers for Medicare and Medicaid Services	
		Osteoporosis	6.5	5.4		5.8	0.055	Centers for Medicare and Medicaid Services	
	Family Planning	Births with Late or No Prenatal Care	5.70%	4.00%	5.20%	6.30%	0.195	Kids Count	2021-2023
		Less than Adequate Prenatal Care	33.00%	18.10%	32.80%	30.70%	0.195	Kids Count	2021-2023
		Low Birthweight	8%	7%	10%	9%	*	County Health Rankings	2023
		Pre-Term Births	9.90%	8.80%	11.60%	10.50%	0.094	Kids Count	2021-2023

		Fully Immunized Toddlers (Age 2)	79.20%	77.10%	75.00%	69.50%	0.987	Kids Count	2024
		Influenza Vaccination Rate (Adults)	29.30%	34.70%	36.80%	30%	*	MDHHS: Immunization Report Card	2023-2024
		Influenza Vaccination Rate (Adults & Children)	68.80%	87.40%	64.50%	71%	70%	MDHHS: Immunization Report Card	Jun-24
		Influenza Vaccination Rate (Children)	18.60%	24.90%	27.70%	20%	*	MDHHS: Immunization Report Card	2023-2024
		Mental Health Provider Ratio	330:1	270:1	260:1	270:1	*	County Health Rankings	2025
		Other Primary Care Providers Ratio	2240:1	990:1	720:1	1230:1	*	County Health Rankings	2023
		Pneumonia Vaccination (PPSV23 65+)	37.40%	59.50%	47.60%	53.20%	*	Michigan Department of Health and Human Services	2023-2024
		Population of Dentist Ratio	1490:1	1380:1	1210:1	1230:1	*	County Health Rankings	2023
		Preventable Hospital Stays (per 100,000 population)	3,656	2,477	3,011	3,236	*	County Health Rankings	2023
		Primary Care Provider Ratio	2190:1	970:1	1180:1	1240:1	84%	County Health Rankings	2023
	Mortality Rate per 100,000 Population	Alcohol-Impaired Driving Deaths	28%	44%	24%	28%	0.283	County Health Rankings	2023
		Chronic Lower Respiratory Disease	83.4	57.7	65.1	47	107.2	Michigan Department of Community Health	2020-2022
		Diabetes (per 1,000 population)	45.9	26.7	32.9	23.4	13.7	Michigan Department of Community Health	2025
		Drug Overdose Deaths (per 100,000 population)	33	13	33	30	20.7	County Health Rankings	2025
		Drug Rate Death due to Heroin-Related Drug Poisoning	17	6	29	1,768	4.2	Michigan Substance Use Data Repository	2019
		Heart Disease	234.4	151.8	191.2	197	71.1	Michigan Department of Community Health	2020-2022
		Infant (per 1,000 population)	5.5	2.3	7.2	6.4	5	Michigan Department of Community Health	2022
		Life Expectancy, Both Sexes	78.37	80.54	77.66	78.26	*	US Health Map	2014
		Mortality Ranking	450	320	490	410	*	County Health Rankings	2025
		Stroke	32.9	42.7	36.6	51	33.4	Michigan Department of Community Health	2020-2022
		Suicide	14	6	33	1487	12.8	Vital Statistics	2024
	Sexually Transmitted Infections	HIV Prevalence (per 100,000 population)				7.2	0.087	National HIV Surveillance System	
		HPV Vaccination (Females)	49.30%	49.80%	47.10%	43.50%	80%	MDHHS: Immunization Report Card	Jun-24
		HPV Vaccination (Males)	46.60%	47.80%	45.80%	43.50%	80%	MDHHS: Immunization Report Card	Jun-24
		Sexually Transmitted Infections (per 100,000 population)	272.3	185.2	629.2	428.3	*	County Health Rankings	2025
	Teens	Adolescents who Get Formal Sex Education Before Age 18					0.591		
		Adolescents who Never Had Sex				64.70%	0.808	MI: CDC - Youth Risk Behavior Surveillance System	2019
		Child and Teen Deaths (Ages 1-19)	33.0	21.7	41.2	27.6	18.4	Kids Count	2021-2023
		Number of Births Ages 15-19 (per 1,000 females)	17	9	20	14	31.4	County Health Rankings	2023
		Percent of High School Students who are Obese				15.30%	0.155	Michigan Profile for Healthy Youth (MI: CDC - Youth Risk Behavior Surveillance System)	2019
		Percent of High School Students who are Overweight				16.90%	*	Michigan Profile for Healthy Youth (MI: CDC - Youth Risk Behavior Surveillance System)	2019
		Percent of Middle School Students who are Obese				15.30%	0.155	Michigan Profile for Healthy Youth	2019
		Percent of Middle School Students who are Overweight				16.10%	*	Michigan Profile for Healthy Youth	2019
		Percentage of Students who Never had Sexual Intercourse				67.70%	0.808	Michigan Profile for Healthy Youth	2019
		Percent of High School Students who Saw a Doctor for an Exam When They Were Not Sick or Injured in the Past Year						Michigan Profile for Healthy Youth	
		Repeat Teen Births (Ages 15-19)	15.20%	*fewer than average	15.20%	14.20%	0.269	Kids Count	2021-2023
		Teen Pregnancy Rate (per 1,000 population)			38	21.4	0.701	Michigan Department of Community Health	2022
	Top 10 Inpatient MS-DRGs	Sepsis, unspecified organism	*	908	*	*	0.269	MyMichigan Health	
		Single liveborn infant, delivered vaginally	*	839	*	*	*	MyMichigan Health	
		COVID-19	*	520	*	*	*	MyMichigan Health	
		Non-ST elevation (NSTEMI) myocardial infarction	*	509	*	*	*	MyMichigan Health	
		Single liveborn infant, delivered by cesarean	*	427	*	*	*	MyMichigan Health	
		Hypertensive heart and chronic kidney disease with heart failure and stage 1 through stage 4 chronic kidney disease, or unspecified chronic kidney disease	*	241	*	*	*	MyMichigan Health	
		Acute kidney failure, unspecified	*	223	*	*	*	MyMichigan Health	
		Paroxysmal atrial fibrillation	*	219	*	*	*	MyMichigan Health	
		Major depressive disorder, recurrent severe without psychotic features	*	199	*	*	*	MyMichigan Health	
		Hypertensive heart disease with heart failure	*	180	*	*	*	MyMichigan Health	
	Neighborhood and Built Environment -	Drinking Water Violations (Yes or No)	No	Yes	No	*	0.079	County Health Rankings	2023
		Liquor Store Density	16	6	44	1,645	*	County Business Patterns	2021
	Injury Prevention	Firearm Fatalities (per 100,000 population)	11	7	19	14	10.7	County Health Rankings	2025
		Premature Death (YPLL) (per 100,000 population)	450	320	490	410	*	County Health Rankings	2025
		Seat Belt Usage				94.9	*	Behavioral Risk Factor Survey	2023
		Unintentional Injury Deaths (per 100,000 population)	74.7	39.7	56.7	59.2	43.2	Michigan Department of Community Health	2022

Neighborhood and Built Environment	People with Disabilities	People with Disability (Under Age 65)	36.80%	30.80%	37.20%	31.00%	*	U.S Census Bureau	2025
	Physical Activity	Access to Exercise Opportunities	77%	76%	68%	86%	*	County Health Rankings	2024
		Frequent Physical Distress	11%	11%	14%	12%	*	County Health Rankings	2023
		Physical Inactivity	20%	21%	29%	23%	0.212	County Health Rankings	2023
		Population with No Leisure Time Physical Activity	26%	21%	25%	24.30%	0.212	Centers for Disease Control and Prevention	2017-2020
		Recreation and Fitness Facility Access (per 1,000 population)	0.05	0.08	0.07		*	US Department of Agriculture	2016
	Teen Physical Activity	Percentage of High School Students who Were Physically Active for at Least 60 Minutes Per Day on Five or More of the Past Seven Days				44.7	0.306	Michigan Profile for Healthy Youth	2019
		Percentage of Middle School Students who Were Physically Active for at Least 60 Minutes Per Day on Five or More of the Past Seven Days				55.3	0.306	Michigan Profile for Healthy Youth	2019
	Respiratory Disease Adults	Asthma	16.70%	13.10%	12.60%	16.40%	*	Centers for Medicare and Medicaid Services	2017-2019
		Asthma Mortality (per 1,000,000)	11.2	0	11.9	9.8	8.9	Michigan Asthma Atlas	2020
		Chronic Lower Respiratory Disease Mortality (per 100,000 population)	83.4	57.7	65.1	38.3	107.2	Michigan Department of Community Health	2022
		COPD (Medicare population)	5.20%	5.10%	6.10%	5.60%	*	Centers for Medicare and Medicaid Services	2018
		Influenza and Pneumonia Mortality (per 100,000 population)	22.1	12	25.2	11	*	Michigan Department of Community Health	2022
	Substance Use	Binge Drinking Adults	21%	22%	21%	20%	0.254	County Health Rankings	2023
		Excessive Drinking	21%	22%	21%	20%	0.254	County Health Rankings	2023
	Tobacco Use	Adult Smoking	15%	15%	21%	16%	5%	County Health Rankings	2023
		Adult Tobacco Use	19%	16%	22%	18%	0.162	County Health Rankings	2023
		Births to Mothers who Smoked During Pregnancy	18.20%	12.30%	14.60%	8.50%	0.043	Kids Count	2021-2023
		Current Adult Smokers	21%	19%	22%	15.00%	5%	Behavioral Risk Factor Surveillance System	2023
	Teen Substance Use	Percentage of High School Students who Ever Drank Alcohol	*	12.5		13.6	0.063	Michigan Profile for Healthy Youth	2021
		Percentage of High School Students who Ever Tried Marijuana	*	8.5		37.50%	0.058	Michigan Profile for Healthy Youth	2021
		Percentage of Middle School Students who Ever Tried Marijuana	*	2.3		*	0.058	Michigan Profile for Healthy Youth	2021
		Teens who Binge Drink (High School)	15.70%	8.80%	8.40%	11.2	0.084	Michigan Profile for Healthy Youth	2021
		Percentage of High School Students who Ever Tried Cigarette Smoking	*	5.3		21.2	0.034	Michigan Profile for Healthy Youth	2021
		Percentage of Middle School Students who Ever Tried Cigarette Smoking	*	3.3			0.034	Michigan Profile for Healthy Youth	2021
		Percentage of High School Students who Used an Electronic Vapor Product During the Past 30 Days	23.2		8.3	20.8	0.105	Michigan Profile for Healthy Youth	2021
		Percentage of Middle School Students who Used an Electronic Vapor Product During the Past 30 Days	10.1	10.9	19.9		0.105	Michigan Profile for Healthy Youth	2021
		Teen Tobacco Use during past 30 Days	3.90%	6.40%	1.30%	4.50%	0.023	Michigan Profile for Healthy Youth	2021
	Transportation	Households Without Access to a Vehicle	0.80%	2.60%	7.30%	3.00%	*	American Community Survey	2023
Social and Community Context	Social and Community Context - General	Adults who Reported Insufficient Sleep	33%	31%	37%	36%	0.314	County Health Rankings	2023
		Adults and Adolescents Screened for Depression					0.135		
		Chronic Conditions: Depression	25.17%	21.18%	21.78%	20.87%	*	Centers for Medicare and Medicaid Services	2018
		Chronic Conditions: Schizophrenia/Other Psychotic Disorders	4.15%	3.12%	4.08%	3.64%	*	Centers for Medicare and Medicaid Services	
		Frequent Mental Distress	17%	17%	20%	18%	0.076	County Health Rankings	2023
		Less Than 8 Hours of Sleep per Night	39%	37%	40%	40%	*	Behavioral Risk Factor Survey	
		Minors and Young Adults Committing Violent Crimes (per 100,000 population)					199.2		
		Poor Mental Health Days (per 30 days)	5.8	5.3	6.3	5.6	*	County Health Rankings	2023
		Violent Crime Rate (per 100,000 population)	328	126	1,229	443	*	County Health Rankings	2014 & 2016
	Children	Children in Single Parent Households	24%	17%	29%	25%	*	County Health Rankings	2025
		Time Spent Playing with Children 30+ Minutes per Day					*	Behavioral Risk Factor Survey	
	Health IT	Broadband Access	88%	88%	88%	89%	0.608	County Health Rankings	2023
	Top 10 Referrals for 211 (Midland County)	Health Care	2.0%	5.0%	2.0%	2.7%	*	211	2026
		Utilities	23.0%	19.0%	36.0%	21.0%	*	211	2026
		Food	12.0%	21.0%	7.0%	6.0%	*	211	2026
		Housing/Shelter	26.0%	27.0%	25.0%	26.0%	*	211	2026
		Information	*	*	*	2.0%	*	211	2026
		Material Goods (clothing/personal/household needs)	7.0%	8.0%	5.0%	5.8%	*	211	2026
		Transportation	4.0%	6.0%	2.0%	3.4%	*	211	2026
		Individual and Family Support Services	3.0%	4.0%	3.0%	3.4%	*	211	2026
		Legal Services	*	*	*	3.3%	*	211	2026
		Temporary Financial Assistance	15.0%	3.0%	14.0%	6.0%	*	211	2026

Appendix C: Survey

BHeard Saginaw
Speaking Up for a Healthier Tomorrow

BWell Saginaw needs your input on what the health needs are of the community. The purpose behind the Community Health Assessment is to learn what the community thinks are the most important health needs in our area, and then to see what can be done to help address these identified needs. By answering the questions below, you are agreeing to participate in the health assessment. **This survey is completely confidential, individual responses will not be shared with anyone.**

General Information

1. Do you live, work, or attend school in Saginaw County? (Check all that apply)
   ☐ Live ☐ Work ☐ Attend School ☐ None Apply

2. What is your zip code? _____ What township do you live in? _____
   (Will be provided a list on zip codes and townships to look at If needed)

3. Please enter the year you were born (ex. 1980). _____

4. Are you caring for or providing support for someone in your home? (Ex…Physical Disabilities, Intellectual Disabilities, Hearing, Vision, etc.)
   ☐ Yes ☐ No ☐ Sometimes ☐ Not Sure

Physical Health

1. Do you or someone in your home have a physical disability? (Like trouble walking or moving)
   ☐ Yes ☐ No ☐ Not Sure

2. Do you know about the services available to you in Saginaw for your **physical health**? Choose one answer.
   ☐ Yes, I know about **ALL** of them, and I **CAN** get them right away when I need them.
   ☐ Yes, I know about **ALL** of them, but **CAN** able to get them when I need them.
   ☐ Yes, I know about **SOME** of them, and I **CAN** get them right away when I need them
   ☐ Yes, I know about **SOME** of them, but I am **NOT** able to get them when I need them
   ☐ No, I don't know about any of them
   ☐ I'm not Sure

Mental Health/Substance Use

1. Do you or someone in your home have an intellectual or learning disability? (Like trouble understanding, remembering, learning, reading, or writing)
   ☐ Yes ☐ No ☐ Not Sure

2. How would you describe the amount of stress you experience on a typical day?
   ☐ No stress ☐ Low stress ☐ Moderate stress ☐ High stress ☐ Extremely high stress

3. In the past year, did feeling really sad, worried, or upset stop you from doing things you usually do, like going to work, school, or doing a hobby?
   ☐ Yes ☐ No ☐ Sometimes ☐ Not Sure

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Speaking Up for a Healthier Tomorrow

4. Do you know about the services available to you in Saginaw County for your **mental health**? Choose the **one** that is true for you.

- ☐ Yes, I know about **ALL** of them, and I **CAN** get them right away when I need them.
- ☐ Yes, I know about **ALL** of them, but **CAN** able to get them when I need them.
- ☐ Yes, I know about **SOME** of them, and I **CAN** get them right away when I need them
- ☐ Yes, I know about **SOME** of them, but I am **NOT** able to get them when I need them
- ☐ No, I don't know about any of them
- ☐ I'm not Sure

5. Has drug use and/or addiction had a negative impact on you or your family?

☐ Yes ☐ No ☐ Sometimes ☐ Not Sure

6. In the past year, did drinking alcohol or using drugs stop you from doing things you usually do, like going to work, school, or doing a hobby?

☐ Yes ☐ No ☐ Sometimes ☐ Not Sure

7. Was there a time in the past year when you needed mental health and/or drug use treatment but didn't get it?

- ☐ No - **Skip question 8**
- ☐ Yes, Mental health - **Answer question 8**
- ☐ Yes, Substance use - **Answer question 8**
- ☐ Yes, Both - **Answer question 8**

8. **If yes to the previous question**, which of the following statements explain why you did not receive the mental health or substance use treatment you needed? Choose **all** that are true for you.

- ☐ I couldn't pay for it.
- ☐ I was worried people in my neighborhood or community would think badly of me.
- ☐ I was afraid it might hurt my job.
- ☐ My health insurance doesn't pay for this kind of help.
- ☐ My health insurance doesn't pay enough for this kind of help.
- ☐ I was afraid the person helping me wouldn't keep what I said private.
- ☐ I was scared I might have to go to a hospital or take medicine.
- ☐ I didn't know where to go to get help.
- ☐ I didn't think I needed help—I thought I could handle it myself.
- ☐ I didn't think getting help would work.
- ☐ I didn't want anyone to know I needed help.
- ☐ Was too busy. I had other things to do.
- ☐ I couldn't get there; it was too far away.
- ☐ I couldn't find help in a language I understand.
- ☐ The times didn't work for me.
- ☐ I didn't have a ride, and I don't live on a bus line.
- ☐ Something else. Please tell us: _____
- ☐ Not Sure
- ☐ I could not find services in languages other than English.
- ☐ Some other reason or reasons. Please Describe:

_____

_____

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Prioritization of Community Need

What do you think are the 3 most important health concerns impacting Saginaw County? (select only three)		
☐ Alcohol/drug addiction ☐ Alzheimer's/Dementia ☐ Asthma/COPD ☐ Cancer ☐ Dental Health ☐ Diabetes (High Blood Sugar)	☐ Heart Disease (High blood Pressure) ☐ Infant Death ☐ Mental Health (Depression/Anxiety) ☐ Overweight/Obesity ☐ Sexually Transmitted Disease ☐ Stroke	☐ Tobacco/Smoking ☐ Don't Know ☐ Other _____ _____ _____ _____

What do you think are the 3 most important social/environmental concerns impacting Saginaw County? (select only three)		
☐ Availability of healthcare ☐ Child abuse/neglect ☐ Difficulty finding a doctor ☐ Housing/Homelessness ☐ Lack of affordable childcare ☐ Lack of job opportunities	☐ Limited access to healthy foods ☐ Neighborhood safety/violence ☐ Poor schools/school drop-out rates ☐ Race/ethnicity discrimination	☐ Sex/Gender Discrimination ☐ Transportation ☐ Don't Know ☐ Other _____ _____ _____

What do you think are 3 community strengths that Saginaw County has that could help address the community concerns mentioned above? (select only three)		
☐ Access to healthy food ☐ Affordable places to live ☐ Community organizations that care ☐ Connected neighborhoods ☐ Equitable access to resources ☐ Quality, affordable healthcare	☐ Increase in economic growth ☐ Jobs that support families ☐ Natural resources (lakes, parks, etc.) ☐ Opportunities to be physically active	☐ Pride in community ☐ Resilience ☐ Sense of belonging ☐ Other _____ _____ _____

Social Determinants of Health

1. When you are sick, injured, or need to see a doctor, where do you go?

☐ I have a doctor; I go to them.
☐ I have a doctor, but I go to the ER or Urgent Care/Walk in Clinic.
☐ I do not have a doctor; I go to the ER or Urgent Care/Walk in Clinic.
☐ Other, please tell us where you go: _____

BHeard Saginaw
Speaking Up for a Healthier Tomorrow

Only answer the following 4 questions in the table if you are a person with a disability or are providing care for someone.

	Yes	No	Sometimes	Not Sure
Is it easy to get around your neighborhood if you have a disability?				
Are there places in your community that are hard to use if you have a disability (like buildings or bathrooms)?				
Is it easy to get the help or care you need for a disability?				
	18 or Older	**Younger than 18**	**Both**	
Is the person or persons you are caring for older or younger than the age of 18?				

2. In the past year, did anything stop you from getting the health care you needed? Choose all that are true for you.

- ☐ Can't afford prescription medication
- ☐ Fear of discrimination from a healthcare provider
- ☐ Fear of discrimination from front desk staff
- ☐ Gender Dysphoria, fear of misgendering, deadnaming, and general transphobia
- ☐ I have a hard time finding a doctor
- ☐ I do not have insurance or unable to afford the copay
- ☐ I don't have a way to get there, and I don't live on a bus route
- ☐ Unable to get time off work
- ☐ Other: _____
- ☐ Does not apply to me

3. In the past year, how often did you worry your food might run out before you had money to buy more?

☐ Often ☐ Sometimes ☐ Never ☐ Prefer not to answer

4. In past year, did you (or other adults in your household) ever get emergency food from a church, a food pantry, or food bank?

☐ Yes ☐ No ☐ Don't Know ☐ Prefer not to answer

5. What is the **main** way you get around? **Only choose one.**

- ☐ My own car
- ☐ I get a ride from family or friends
- ☐ Bus
- ☐ Uber/Lyft/Taxi
- ☐ Walk or ride a bike

6. Where do you live now?

- ☐ I live in my own house or apartment
- ☐ I am staying with others (Friends or Family)
- ☐ I am staying in a hotel
- ☐ I am staying in a shelter
- ☐ I am living outside; I do not have a place to stay/sleep inside
- ☐ I am living in a car
- ☐ Prefer not to answer

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In your neighborhood, how worried are you about the following? Check the one that is true for you.				
	Not at all Worried	Slightly Worried	Very Worried	Extremely Worried
Theft or burglary				
Violent crime				
Drug activity				
Vandalism				
Speeding or reckless driving				
Bad or no street lighting				
Wild cats/unleashed dogs				

7. What could make you feel safer in your neighborhood?

- ☐ More police presence/visible in the neighborhood.
- ☐ Removing dead trees and crumbling buildings or homes.
- ☐ Have an officer assigned to each neighborhood.
- ☐ Clean up sidewalks, streets and yards in the neighborhoods.
- ☐ Keeping the grass cut.
- ☐ Better sidewalks that are not cracked.
- ☐ Better lighting at night.
- ☐ Maintain yards and homes
- ☐ Monthly neighborhood cleanup events.
- ☐ Neighborhood get-togethers.
- ☐ Make Sure dogs are leashed, and their owners are with them.
- ☐ Animal Control picks up the wild cats.
- ☐ Don't know
- ☐ Other_____
- ☐ Not Sure

8. Is Saginaw a good place to grow old?

☐ Yes ☐ No ☐ Sometimes ☐ Not Sure

9. Is Saginaw a good place to raise children?

☐ Yes ☐ No ☐ Sometimes ☐ Not Sure

10. About how much time do you spend each day using electronics like watching TV, playing video games, or using a phone?

☐ Less than an hour ☐ 1-2 hours ☐ 2-4 hours ☐ 4-6 hours ☐ 6-8 hours ☐ 8 or more hours

11. Are any of these things making life hard for you right now? Check all that are true.

- ☐ We don't have enough food
- ☐ We don't have a computer or fast internet
- ☐ Someone in my family lost their job
- ☐ It is hard for me to pay for childcare
- ☐ We don't have a doctor
- ☐ It's hard to find a place to live that we can afford
- ☐ It is hard to find childcare
- ☐ We don't have a stable place to live
- ☐ None of the above

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Speaking Up for a Healthier Tomorrow

12. What does a healthy community/neighborhood look like to you?

_____
_____
_____

Demographic Information

1. What sex were you assigned at birth, on your original birth certificate?

☐ Male ☐ Female ☐ Prefer not to Answer

2. How do you describe yourself?

☐ Male ☐ Female ☐ Non-Binary ☐ Transgender ☐ Intersex
☐ Gender-nonconforming ☐ Prefer not to answer ☐ Other: _____

3. Do you consider yourself to be:

☐ Heterosexual or straight ☐ Gay or lesbian ☐ Bisexual
☐ Pansexual ☐ Prefer not to answer ☐ Other: _____

4. What is your race?

☐ White or Caucasian ☐ Asian or Asian American
☐ Black or African American ☐ American Indian or Alaska Native
☐ Hispanic or Latino ☐ Native Hawaiian or Other Pacific Islander
☐ More than one race ☐ Other: _____

5. What is your current marital status?

☐ Married ☐ Divorced ☐ Living with a Partner ☐ Widowed ☐ Single

Thank you for taking our survey. Your comments and the information you provided are vital in creating a healthy and safe place for all Saginaw County residents.

BWELL Saginaw