Community Health Improvement Plan
MyMichigan Medical Center Alpena

Chronic Disease Prevention

Goal: Provide Opportunity for improved health behaviors, reducing risk factors, and early detection for cancer.

Strategy	Description	Metrics	Internal Departments Involved	Community Partners
Explore options to implement & expand Remote Patient Monitoring	Remote Patient Monitoring (RPM) is a healthcare technology system that enables medical professionals to track patients' health data outside of traditional clinical settings, such as in their homes.	**FY26:** Begin feasibility research, data mapping, explore provider commitment **FY27:** Vendor search and strategic planning, including Return on Investment (ROI) **FY28:** Implement RPM and/or adjust strategy as needed	Population Health, MMG, Continuing Care Clinic, Home Care, EPIC, Marketing, Innovation	FQHCs, independent practice providers, RPM vendors
Continue expansion of Lifestyle Medicine & Pivio	Pivio is a lifestyle medicine program that empowers participants to prevent, halt, or even reverse chronic diseases through sustainable changes in nutrition, physical activity, stress management, and social connection.	**FY26:** Continue expansion and see growth of Lifestyle Medicine (LM)/Pivio classes **FY27:** Add at least one location for Shared Medical Appointments, and add local support group chapter at each location. Begin searching feasibility and cost to develop in-house program. **FY28:** Begin development of in-house program. Have 3 organizations that we offer classes to for employees.	Employee Health and Wellness, MMG, Jennifer Felton	Area businesses, schools, FQHCs, local Chamber of Commerce's
Provide Cancer Screening Opportunities	Early detection options for patients and community members that are at risk of breast cancer, colorectal, lung, and prostrate	**FY26:** Promote Cancer Screening Assessments related to awareness months and attend/provide 4 events for cancer prevention. Begin tracking assessments and events to develop baseline. **FY27:** Promote Cancer Screening Assessments related to awareness months and attend/provide 4 events for cancer prevention. **FY28:** Promote Cancer Screening Assessments related to awareness months and attend/provide 4 events for cancer prevention.	Ambulatory Quality, Community Health, MyMichigan Medical Group, Oncology	Community businsess, local governement, schools, FQHCs, independent providers
Expand community health screening options through community partnerships	Community health screenings are public health initiatives that bring preventive care directly to where people live and work. These events provide quick, convenient health checks to identify early signs of illness and encourage healthier lifestyles.	**FY26:** Explore options to expand health screenings in schools, businesses, mobile, community events. **FY27:** Utilize point of care technology for screening and begin charting/scanning screenings in EPPIC. Collect data to have baseline number of community health screens. **FY28:** Increase community health screens by 10% by expanding community partnerships for health screening.	Population Health, MMG, Laboratory, Community Health	Community businsess, local governement, schools, FQHCs, independent providers

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Behavioral Health

Goal: Increase access to mental health and substance use services and advocate effective suicide prevention techniques.

Strategy	Description	Metrics	Internal Departments Involved	Community Partners
Implement ROSE program to reduce postpartum depression	The ROSE (Reach Out, Stay Strong, Essentials for mothers of newborns) program is a preventive intervention that teaches coping, stress management, and support-seeking skills to reduce the risk of postpartum depression.	**FY26:** Implement Rose program. **FY27:** Measure FY26 to develop baseline and plan for expansion or improvement. **FY28:** Conduct PDCA of ROSE and report impact of program, develop strategy for next steps if required.	OB/GYN, Peds, Social Work, Family Practice, Behavorial Health, Marketing/Communications	MHA, independent providers, FQHCs
Promote training in Counseling on Access to lethal Means (CALM) to staff and community	Counseling on Access to Lethal Means (CALM) is a suicide prevention approach that trains individuals to reduce access to firearms, medications, and other lethal methods during times of crisis, helping to create time and space for safety and recovery.	**FY26:** Develop a plan with education services to provide training for staff. **FY27:**Twenty five percent of staff at each MyMichigan Medical Center trained in CALM training and partner with 1 organization to train staff. **FY28:** Fifty percent of staff at each MyMichigan Medical Center trained in CALM training and partner with 3 organizations to train staff.	Behavioral Health, ED, Community Health, EPIC, Case Managers, Home Care, Education, Intake staff (doing assessments/admissions), Innovation team	Area businesses, schools, FQHCs
Explore School based Behavioral Health through partnerships to conduct mental health screenings	School-based behavioral health screenings are programs conducted within schools to identify students who may be experiencing emotional, behavioral, or mental health challenges. These screenings are designed to promote early detection and intervention, helping ensure that students receive the support they need to succeed academically, socially, and emotionally.	**FY26:** Develop relationship with Behavioral Health, FQHC's, and area schools to expolore feasibility and options. **FY27:** Begin strategic planning and allocate resources to begin screening process in schools. **FY28:** Implement strategic plan to have standard operating procedure and resources for continuous availability of mental health screening in schools.	BHS, Peds, Educators	Local schools, local governements, FQHCs, CMH

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Access to Care & Social Services

Goal: Improve access to health care services and social services by increasing access to preventive screenings, and removing barriers identified by community members.

Strategy	Description	Metrics	Internal Departments Involved	Community Partners
Expand Centering Pregnancy system wide	Centering Pregnancy is a group prenatal care model that combines health assessment, education, and peer support to improve pregnancy outcomes and foster community among expectant mothers.	**FY26:** Explore options to expand Centering Pregnancy to all MyMichigan Sites, continue partnering with MHA collaborative for resources. **FY27:** Implement Centering Pregnancy in at least 2 new sites. **FY28:** All MyMichigan sites have implemented Centering pregnancy.	OB/GYN clinics, Pediatrics	MHA, Centering Healthcare Institute, FQHCs, independent providers, pregnancy resource centers
Enhance and expand Community Information Exchange (CIE) interfaces	A community information exchange (CIE) connects health, social, and community-based organizations through shared technology and data systems. This helps ensure that individuals receive comprehensive, coordinated, and person-centered support rather than fragmented or duplicated services.	**FY26:** Develop plan and options with EPIC interface team to develop process, coding, data and plan for future adjustments. **FY27:** Begin development of new interface to connect to at least one CIE. **FY28:** Have interface developed for all available CIEs in each service area.	EPIC, CHW's, Patient Navigators, Discharge Planners, Pop Health	211, SDOH Hubs, CHIRs, FQHCs, local CBOs, United Way
System alignment and streamlined approach to address Patient Transportation	System alignment and a streamlined approach for patient transportation ensure coordinated, efficient, and timely transfers by integrating communication, resources, and protocols across healthcare teams and local transportation services.	**FY26:** Develop new workflow and educate staff on aligned process for assisting patient transportation. **FY27:** Patient Transportation Taskforce develops feasibility study and ROI study on in-house transportation services for patient appointments and discharges. **FY28:** Implement strategic plan for patient transportation assistance, including in-house fleet if deemed sustainable.	Transportation task force, various MMH departments	Transportation Authorities, 3rd party fleet providers, cab services, CBOs

Community Health Improvement Plan approved by MyMichigan Medical Center Alpena Board on October 22, 2025